

PECO Cross Country League 2025-26: Race 4 (Temple Newsam Country Park)
Senior Men's Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	3052	Roden	Freddie	Abbey Runners	MSEN	0:25:29	1		
2	3731	Garbutt	Dan	St Therasas AC	M35	0:26:37	1	Y	
3	4052	Lomas	Adam	Hyde Park Harriers	M35	0:27:06	2		
4	3328	Douglas	Benjamin	Hyde Park Harriers	M35	0:27:18	3		
5	3115	Humphries	Andrew	Airecentre Pacers	M35	0:27:30	4		
6	3939	Carter	Dom	York Postal Harriers	MSEN	0:27:34	2		
7	3374	Townson	Sam	Hyde Park Harriers	MSEN	0:27:52	3		
8	3915	Miller	Chris	Wharfedale Harriers	M40	0:27:56	1		
9	4056	Rolland	Andrew	Hyde Park Harriers	MSEN	0:28:01	4		
10	3438	Llewellyn	Ryan	Kirkstall Harriers	MSEN	0:28:21	5		
11	4261	Blackwood	Douglas	Hyde Park Harriers	MSEN	0:28:24	6		
12	3828	Grant	Daniel	Valley Striders AC	M35	0:28:27	5		
13	3266	Boynton	Philip	Horsforth Harriers	M35	0:28:34	6		
14	4356	Levi	Tom	Thirsk & Sowerby Harriers	M40	0:28:49	2		Y
15	3859	Vogel	Joost	Valley Striders AC	M35	0:29:00	7		
16	4113	Cowling	Tom	Roundhay Runners	MSEN	0:29:13	7		
17	4326	Anderson	George	Hyde Park Harriers	M35	0:29:22	8		
18	3784	Bromley	Harry	Vale of York Athletic Community	MSEN	0:29:28	8		
19	3372	Sykes	Richard	Hyde Park Harriers	M40	0:29:28	3		
20	3028	Jones	Simon	Abbey Runners	MSEN	0:29:31	9		
21	4064	Moore	Gawain	Ilkley Harriers	M45	0:29:35	1		
22	3908	Dibble	George	Wharfedale Harriers	MSEN	0:29:42	10		
23	3740	Herrington	Richard	St Therasas AC	M45	0:29:43	2		
24	4240	Kemp	Chris	Hyde Park Harriers	MSEN	0:29:46	11		
25	3439	Lyall	Andrew	Kirkstall Harriers	MSEN	0:30:04	12		
26	3663	Egan	Jake	Saltaire Striders	MSEN	0:30:09	13		
27	3936	Boynton	Alex	York Postal Harriers	M35	0:30:11	9		
28	4333	Molesworth	Daniel	Knaresborough Striders	M35	0:30:11	10		
29	4385	Holmes	Christian	Wharfedale Harriers	M50	0:30:12	1		
30	3346	Johnstone	Lucas	Hyde Park Harriers	MSEN	0:30:13	14		
31	3815	Cheseldine	Edward	Valley Striders AC	MSEN	0:30:13	15		
32	3165	Harrold	Brian	Chapel Allerton Runners	M40	0:30:15	4		
33	3023	Holmes	Matthew	Abbey Runners	M45	0:30:19	3		
34	3672	Kerr	Will	Saltaire Striders	M45	0:30:21	4		
35	4017	Robins	Sam	Chapel Allerton Runners	MSEN	0:30:29	16		
36	3488	Bryer	Josh	Nidd Valley Road Runners	MSEN	0:30:31	17		
37	3597	Cliffe	Mark	Rothwell Harriers & AC	MSEN	0:30:31	18		
38	4010	Billingham	Jake	Chapel Allerton Runners	MSEN	0:30:35	19		
39	4323	Armstrong	Alex	Harrogate Harriers & AC	M40	0:30:37	5		
40	3177	Mortimer	Charlie	Chapel Allerton Runners	M45	0:30:38	5		
41	3435	Hardy	Lee	Kirkstall Harriers	M40	0:30:46	6		
42	3664	Fillingham	Martin	Saltaire Striders	M50	0:30:59	2		
43	3401	Whittlestone	George	Ilkley Harriers	MSEN	0:31:00	20		
44	3058	Scott	Steven	Abbey Runners	M50	0:31:02	3		
45	3479	Fox-Bullivant	Alex	Horsforth Harriers	MSEN	0:31:05	21	Y	
46	3752	Morrison	Cairn	St Therasas AC	M45	0:31:08	6		
47	4388	Furlong	Ian	Roundhay Runners	M40	0:31:12	7		
48	4321	Jones	Dan	Bradford Airedale AC	M35	0:31:13	11	Y	
49	3902	Akers	Rohan	Wharfedale Harriers	M45	0:31:16	7		

50	3073	Applebee	Dan	Ackworth Road Runners	MSEN	0:31:18	22		
51	3605	Kitchen	Miles	Rothwell Harriers & AC	MSEN	0:31:19	23		
52	3486	Aylesbury	Caleb	Nidd Valley Road Runners	MSEN	0:31:26	24		
53	3842	Mann	Gary	Valley Striders AC	M45	0:31:28	8		
54	3706	Reed	Joe	Skyrac AC	MSEN	0:31:31	25		Y
55	4180	Vis	Patrick	Chapel Allerton Runners	MSEN	0:31:33	26		
56	3267	Brown	Rhys	Horsforth Harriers	M35	0:31:37	12		
57	3049	Rhule-Samuel	Joel	Abbey Runners	MSEN	0:31:38	27		
58	4273	Smith	Chris	Otley AC	M45	0:31:38	9		
59	3012	Brienen	Stef	Abbey Runners	MSEN	0:31:40	28		
60	4119	Moakler	Ben	Roundhay Runners	M40	0:31:41	8		
61	3162	Green	Joseph	Chapel Allerton Runners	MSEN	0:31:41	29		
62	3342	Isaac	Oliver	Hyde Park Harriers	M35	0:31:42	13		
63	3211	Ewbank	Adam	Harrogate Harriers & AC	MSEN	0:31:46	30		
64	3645	Rao	Nicholas	Roundhay Runners	MSEN	0:31:52	31		
65	4210	Turner	Andy	Roundhay Runners	M35	0:31:54	14		
66	4060	Vargas	Michael	Hyde Park Harriers	M40	0:31:56	9		
67	3270	Chilton	Patrick	Horsforth Harriers	M35	0:31:59	15		
68	3436	Hipkiss	Jack	Kirkstall Harriers	MSEN	0:32:03	32		
69	4146	Drake	Richard	Valley Striders AC	M50	0:32:10	4		
70	3677	Macfarlane	Russell	Saltaire Striders	M40	0:32:12	10		
71	3669	Jackson	Daniel	Saltaire Striders	M40	0:32:12	11		
72	3450	Wells	Simon	Kirkstall Harriers	M35	0:32:17	16		
73	4266	Starling	Callum	Hyde Park Harriers	MSEN	0:32:21	33		
74	3932	Leslie	Stuart	York Knavesmire Harriers	M40	0:32:22	12		
75	3888	Nicholls	Angus	Wetherby Runners AC	MSEN	0:32:23	34		
76	4045	Gilmore	Liam	Hyde Park Harriers	MSEN	0:32:28	35	Y	
77	4205	Walsh	Jamie	Otley AC	MSEN	0:32:36	36		
78	3704	Playforth	Dean	Savvy Park Runrz	M45	0:32:38	10		Y
79	4063	Gott	Steven	Ilkley Harriers	M45	0:32:45	11		
80	3329	Douglas	Euan	Hyde Park Harriers	MSEN	0:32:47	37		
81	3353	Knighton	Richard	Hyde Park Harriers	MSEN	0:32:52	38		
82	4095	Macauley	Craig	Otley AC	M35	0:32:57	17		
83	3905	Charlesworth	Nicholas	Wharfedale Harriers	M55	0:33:01	1		
84	3775	Anderson	Finlay	Vale of York Athletic Community	MSEN	0:33:02	39		
85	3990	Bysouth	Tom	Abbey Runners	M45	0:33:08	12		
86	3778	Bennett	Paul	Vale of York Athletic Community	M45	0:33:11	13		
87	3498	Hesford	Ian	Nidd Valley Road Runners	M45	0:33:12	14		
88	3791	Hillam	Steve	Vale of York Athletic Community	M35	0:33:14	18		
89	3885	Mcmullan	Geoff	Wetherby Runners AC	M45	0:33:15	15		
90	3182	Rooke	Michael	Chapel Allerton Runners	MSEN	0:33:15	40		
91	3309	Batten	Matthew	Hyde Park Harriers	MSEN	0:33:16	41		
92	3212	Frosztega	Richard	Harrogate Harriers & AC	M40	0:33:20	13		
93	4257	Fulton	Aron	Airecentre Pacers	M35	0:33:20	19		
94	3951	Heubeck	Andy	York Postal Harriers	M35	0:33:22	20		
95	3305	Adkins	Toby	Hyde Park Harriers	M35	0:33:29	21		
96	3940	Carter	Jim	York Postal Harriers	M50	0:33:31	5		
97	4362	Peacock	Paul	Thirsk & Sowerby Harriers	M60	0:33:34	1		Y
98	3333	Fellows	Alasdair	Hyde Park Harriers	MSEN	0:33:42	42		
99	3930	Zemlik	Darren	Wharfedale Harriers	M55	0:33:44	2	Y	
100	3759	Robson	John	St Therasas AC	M50	0:33:46	6		
101	3611	Roberts	Tom	Rothwell Harriers & AC	M35	0:33:46	22		
102	3396	Overend	Andrew	Ilkley Harriers	M45	0:33:57	16		

103	3969	Everett	Iain	York Triathlon Club	M45	0:34:02	17		
104	3311	Bergin	Ciaran	Hyde Park Harriers	MSEN	0:34:05	43		
105	4001	Sharpe	Matthew	Abbey Runners	MSEN	0:34:05	44		
106	4236	Jenkins	Daniel	Saltaire Striders	M50	0:34:07	7		
107	3509	Lofthouse	Martin	Nidd Valley Road Runners	M55	0:34:09	3		
108	3891	Sugden	Luke	Wetherby Runners AC	M45	0:34:10	18		
109	3829	Grave	Paul	Valley Striders AC	M50	0:34:13	8		
110	4251	Boardman	Chris	Abbey Runners	M40	0:34:16	14		
111	3797	Martin	Ian	Vale of York Athletic Community	M55	0:34:20	4		
112	3662	Dunbar	Stuart	Saltaire Striders	M60	0:34:21	2		
113	3730	Fuller	Nigel	St Therasas AC	M45	0:34:23	19		
114	3997	Mcguire	Dave	Abbey Runners	M55	0:34:24	5		
115	3297	Roebuck	Chris	Horsforth Harriers	M45	0:34:24	20		
116	3994	Gaffey	Richard	Abbey Runners	M50	0:34:25	9		
117	3264	Baines	Andrew	Horsforth Harriers	M45	0:34:36	21		
118	3933	Lowson	Andrew	York Knavesmire Harriers	M45	0:34:37	22		
119	3099	Smith	Ryan	Ackworth Road Runners	M40	0:34:39	15		
120	3296	Perkinson	Andrew	Horsforth Harriers	M50	0:34:40	10		
121	4194	Bromley	Rob	Kirkstall Harriers	M45	0:34:45	23		
122	4107	Gourley	William	Rothwell Harriers & AC	M45	0:34:45	24		
123	3821	Ford	Andrew	Valley Striders AC	M45	0:34:46	25		
124	3376	Wallis	Nigel	Hyde Park Harriers	M45	0:34:47	26		
125	3357	Malkin	Alexander	Hyde Park Harriers	MSEN	0:34:51	45		
126	3246	Metcalfe	Kevin	Harrogate Tri Club	M55	0:34:53	6		
127	3835	Jones	Steven	Valley Striders AC	MSEN	0:34:54	46		
128	3451	Zanzottera	Joe	Kirkstall Harriers	MSEN	0:34:57	47		
129	3217	Howard	Ashley	Harrogate Harriers & AC	MSEN	0:34:59	48		
130	3089	Lines	Charles	Ackworth Road Runners	M65	0:34:59	1		
131	3254	Goodacre	Ben	Horsforth Fellandale	M35	0:35:00	23		
132	4221	Irvine	Richard	Valley Striders AC	M50	0:35:03	11		
133	4027	Clark	Kevin	Harrogate Harriers & AC	M40	0:35:04	16		
134	4372	Mills	Tony	Valley Striders AC	M50	0:35:07	12		
135	3896	Tilbrook	John	Wetherby Runners AC	M45	0:35:08	27		
136	4211	Carlton	James	Saltaire Striders	M35	0:35:09	24		
137	3810	Bandy	Clive	Valley Striders AC	M45	0:35:13	28		
138	3041	O'Donnell	Ged	Abbey Runners	M40	0:35:14	17		
139	3441	Moger	Adam	Kirkstall Harriers	M50	0:35:15	13		
140	3095	Robinson	Michael	Ackworth Road Runners	M35	0:35:16	25		
141	3185	Scrutton	Fergus	Chapel Allerton Runners	M35	0:35:18	26		
142	3521	Rickard	Matt	Nidd Valley Road Runners	M50	0:35:19	14		
143	3459	Cornforth	Philip	Knaresborough Striders	M55	0:35:21	7		
144	4274	Turnbull	Ryan	Pudsey & Bramley AC	M50	0:35:22	15		
145	3123	Walker	Richard	Airecentre Pacers	M50	0:35:27	16		
146	3440	Masey	Jack	Kirkstall Harriers	M35	0:35:29	27		
147	3385	Hallworth	Ben	Ilkley Harriers	M45	0:35:31	29		
148	3553	Lake	Graham	Otley AC	M45	0:35:34	30		
149	3956	Partridge	Simon	York Postal Harriers	M45	0:35:39	31		
150	3823	Fotherby	Paul	Valley Striders AC	M50	0:35:42	17		
151	4061	Walker	Tom	Hyde Park Harriers	M35	0:35:43	28		
152	3637	Macdonald	Matthew	Roundhay Runners	MSEN	0:35:48	49		
153	3442	O'Brien	Alan	Kirkstall Harriers	M40	0:35:49	18		
154	4341	Yates	Jonny	Roundhay Runners	M40	0:35:51	19		
155	3957	Pearson	Marc	York Postal Harriers	M40	0:35:51	20		

156	3886	McNicholas	Edward	Wetherby Runners AC	MSEN	0:35:53	50		
157	3811	Biddulph	Tom	Valley Striders AC	MSEN	0:35:55	51		
158	3991	Craven	Paul	Abbey Runners	M55	0:35:56	8		
159	3530	Townend	Darren	Nidd Valley Road Runners	M50	0:35:58	18		
160	3143	Allison	David	Chapel Allerton Runners	M55	0:36:02	9		
161	3429	Wideman	Wayne	Kippax & District Harriers	M45	0:36:03	32		
162	4155	Nicholls	Marcus	Wetherby Runners AC	M50	0:36:07	19		
163	4073	Weeks	Andrew	Kippax & District Harriers	M45	0:36:08	33		
164	4050	Jeffer	Nathan	Hyde Park Harriers	MSEN	0:36:11	52		
165	3462	Ellmore	Steve	Knaresborough Striders	M55	0:36:14	10		
166	4133	Stainthorpe	David	Snaith & Cowick Running Club	M55	0:36:15	11		Y
167	3788	Grice	John James	Vale of York Athletic Community	MSEN	0:36:18	53		
168	4254	Wood	Tim	Abbey Runners	M35	0:36:20	29		
169	4116	Hallybone	Will	Roundhay Runners	M35	0:36:23	30		
170	3109	Wigglesworth	Steven	Ackworth Road Runners	M60	0:36:24	3		
171	3490	Carvey	Chris	Nidd Valley Road Runners	M55	0:36:25	12		
172	3736	Haines	Andy	St Therasas AC	M45	0:36:25	34		
173	3013	Cavill	Gareth	Abbey Runners	M55	0:36:26	13		
174	4178	Dix-Nagra	Jai	Chapel Allerton Runners	MSEN	0:36:26	54		
175	3168	Hutter	Russell	Chapel Allerton Runners	M55	0:36:26	14		
176	4238	Parker	Karl	Abbey Runners	MSEN	0:36:28	55		
177	4320	Winder	Bill	Ackworth Road Runners	M50	0:36:38	20		
178	4091	Scaife	Nigel	Nidd Valley Road Runners	M55	0:36:40	15		
179	3941	Carter	Matt	York Postal Harriers	M45	0:36:43	35		
180	3071	Wray-Rogers	Luke	Abbey Runners	M45	0:36:45	36		
181	3616	Westmoreland	Jason	Rothwell Harriers & AC	M55	0:36:46	16		
182	3745	I'anson	David	St Therasas AC	M65	0:36:47	2		
183	3163	Greenland	Rob	Chapel Allerton Runners	M50	0:36:48	21		
184	3874	Edmondson	Iain	Wetherby Runners AC	M55	0:36:49	17		
185	3397	Singleton	David	Ilkley Harriers	M50	0:36:53	22		
186	4129	Laville	Harry	Saltaire Striders	MSEN	0:36:55	56		
187	3188	Shepherd	Stuart	Chapel Allerton Runners	M45	0:36:57	37		
188	3683	Patterson	Chris	Saltaire Striders	M55	0:36:57	18		
189	3914	Mc Aleavy	Stuart	Wharfedale Harriers	M50	0:36:59	23		
190	4288	Ambler	Phil	Wakefield District H & AC	M55	0:37:01	19		Y
191	3018	Frazer	Martin	Abbey Runners	M60	0:37:02	4		
192	3947	Halder	Stephen	York Postal Harriers	M45	0:37:06	38		
193	3454	Brock	Martin	Knaresborough Striders	M45	0:37:10	39		
194	3006	Ashworth	Richard	Abbey Runners	M50	0:37:12	24		
195	3399	Turner	Jonathan	Ilkley Harriers	M55	0:37:14	20		
196	3405	Bland	James	Kippax & District Harriers	MSEN	0:37:15	57		
197	3055	Russell	Jason	Abbey Runners	M35	0:37:16	31		
198	3106	Wallace	David	Ackworth Road Runners	M55	0:37:19	21		
199	3803	Senior	Martin	Vale of York Athletic Community	M50	0:37:19	25		
200	3238	Wilkinson	Gary	Harrogate Harriers & AC	M50	0:37:25	26		
201	3552	Keay	Andrew	Otley AC	M45	0:37:27	40		
202	3097	Smith	Andy	Ackworth Road Runners	M50	0:37:30	27		
203	3593	Webster	Andrew	Ripon Runners	M50	0:37:32	28		
204	3705	Watson	Dean	Savvy Park Runrz	M40	0:37:32	21		Y
205	3682	Parry	Matthew	Saltaire Striders	MSEN	0:37:33	58		
206	3492	Cocker	Simon	Nidd Valley Road Runners	M60	0:37:33	5		
207	4380	Chandler	Simon	Wetherby Runners AC	M45	0:37:37	41		Y
208	4268	Evison	Paul	Knaresborough Striders	M45	0:37:37	42		

209	4328	Gerrish	Adam	Ilkley Harriers	MSEN	0:37:38	59		
210	4188	Donnelly	Dan	Hyde Park Harriers	M55	0:37:40	22		
211	3113	Gatenby	Robert	Airecentre Pacers	M45	0:37:43	43		
212	3541	Bowness	Harry	Otley AC	MSEN	0:37:44	60		
213	3794	Johnson	Richard	Vale of York Athletic Community	M40	0:37:44	22		
214	3321	Cartwright	Richard	Hyde Park Harriers	M40	0:37:47	23		
215	3852	Sanderson	Ian	Valley Striders AC	M55	0:37:47	23		
216	4369	Wood	Dave	Thirsk & Sowerby Harriers	M55	0:37:51	24		Y
217	4224	Wallhead	Nick	Wetherby Runners AC	M45	0:38:03	44		
218	4076	Foley	Daniel	Knaresborough Striders	M45	0:38:03	45		
219	3278	Freeman	Paul	Horsforth Harriers	M55	0:38:08	25		
220	3825	Furby	Mike	Valley Striders AC	M50	0:38:13	29		
221	4202	Easton	Jonathan	Nidd Valley Road Runners	M45	0:38:18	46		
222	3317	Burton	Simon	Hyde Park Harriers	M35	0:38:22	32		
223	3465	Ford	Sam	Knaresborough Striders	MSEN	0:38:24	61		
224	3921	Schofield	Jason	Wharfedale Harriers	M55	0:38:26	26		
225	3086	Gascoigne	Ryan	Ackworth Road Runners	MSEN	0:38:31	62		
226	3417	Harding	Joseph	Kippax & District Harriers	MSEN	0:38:33	63		
227	4367	Simpson	Alan	Thirsk & Sowerby Harriers	M55	0:38:33	27		Y
228	3125	Coulton	Andrew	Bingley Harriers & AC	M50	0:38:35	30		Y
229	3469	Marshall	Guy	Knaresborough Striders	M60	0:38:36	6		
230	3549	Hornby	Sean	Otley AC	M50	0:38:37	31		
231	3531	Turner	Steven	Nidd Valley Road Runners	M55	0:38:39	28		
232	4121	Sklinar	Stu	Roundhay Runners	M35	0:38:42	33		
233	4276	Rickerby	Lochie	Rothwell Harriers & AC	MSEN	0:38:43	64		
234	3826	Giddings	Joel	Valley Striders AC	M50	0:38:49	32		
235	3569	Lighten	David	Pudsey & Bramley AC	M45	0:38:52	47		
236	3984	Steel	Phil	York Triathlon Club	M45	0:38:59	48		
237	4096	Patchett	Nathaniel	Otley AC	M35	0:39:00	34		
238	3133	Colley	Ashley	Bradford Airedale AC	M35	0:39:01	35		
239	3010	Bastin	Tony	Abbey Runners	M60	0:39:02	7		
240	3856	Taylor	Drew	Valley Striders AC	M60	0:39:04	8		
241	3237	Watson	Simon	Harrogate Harriers & AC	M60	0:39:08	9		
242	3890	Shipley	Ian	Wetherby Runners AC	M55	0:39:11	29	Y	
243	4316	Saddler	Liam	Ackworth Road Runners	M35	0:39:14	36		
244	3539	Armitstead	John	Otley AC	M65	0:39:14	3		
245	3178	Mustufvi	Zhain	Chapel Allerton Runners	M35	0:39:16	37		
246	3470	Mcnab	Aidan	Knaresborough Striders	M40	0:39:17	24		
247	3599	Duckering	Josh	Rothwell Harriers & AC	MSEN	0:39:26	65		
248	3416	Harding	Andrew	Kippax & District Harriers	M50	0:39:30	33		
249	3708	Ballantyne	Matthew	St Therasas AC	M35	0:39:34	38		
250	4230	Mitchell	Richard	York Triathlon Club	M35	0:39:34	39		
251	4265	Ramsden	Paul	Hyde Park Harriers	M50	0:39:35	34		
252	3262	Small	Chris	Horsforth Fellandale	M45	0:39:44	49		
253	3051	Richards	Jon	Abbey Runners	M45	0:39:45	50		
254	4213	Furness	Neil	St Therasas AC	M40	0:39:50	25		
255	3458	Conkleton	Gareth	Knaresborough Striders	M50	0:39:55	35		
256	3105	Walker	Will	Ackworth Road Runners	M45	0:39:58	51		
257	3848	Parton	Adam	Valley Striders AC	M55	0:39:58	30		
258	3313	Blatherwick	John	Hyde Park Harriers	M35	0:40:01	40		
259	3408	Davy	Alan	Kippax & District Harriers	M45	0:40:02	52		
260	4002	Hughes	David	Ackworth Road Runners	M45	0:40:08	53		
261	3124	Bass	Rich	Bingley Harriers & AC	M50	0:40:11	36		Y

262	3575	Brazier	Paul	Ripon Runners	M55	0:40:11	31		
263	3653	Weight	Dave	Roundhay Runners	M60	0:40:17	10		
264	3460	Dobinson	Derek	Knaresborough Striders	M45	0:40:19	54		
265	3400	White	Geoffrey	Ilkley Harriers	M40	0:40:19	26		
266	4386	Burnham	Matthew	Horsforth Fellandale	M40	0:40:21	27		
267	3054	Rogerson	Tom	Abbey Runners	M45	0:40:22	55		
268	3370	Shakespeare	Ed	Hyde Park Harriers	MSEN	0:40:23	66		
269	4351	Edgeworth	Brett	Thirsk & Sowerby Harriers	M55	0:40:25	32		Y
270	3816	Cook	Sean	Valley Striders AC	M40	0:40:27	28		
271	3854	Slater	James	Valley Striders AC	M50	0:40:33	37		
272	3065	Steven	Tom	Abbey Runners	M40	0:40:35	29		
273	4349	Butcher	Andrew	Thirsk & Sowerby Harriers	M55	0:40:38	33		Y
274	4389	Reeves	Dave	Harrogate Harriers & AC	M55	0:40:41	34		
275	3484	Abbott	Richard	Nidd Valley Road Runners	M50	0:40:46	38		
276	3572	Shamim	Salman	Pudsey & Bramley AC	M50	0:40:52	39		
277	3502	Jackson	Jon	Nidd Valley Road Runners	M55	0:40:52	35		
278	4227	Robinson	Steve	York Acorn Running Club	M50	0:41:10	40		Y
279	3798	Middup	Steve	Vale of York Athletic Community	M65	0:41:11	4		
280	3137	Miran	Sohail	Bradford Airedale AC	M50	0:41:16	41		
281	3477	Tattersall	Andrew	Knaresborough Striders	M60	0:41:19	11		
282	4269	Kirk	Stephen	Knaresborough Striders	M50	0:41:20	42		
283	3732	Gibson	Paul	St Therasas AC	M50	0:41:21	43		
284	4011	Callan	Jonny	Chapel Allerton Runners	MSEN	0:41:39	67		
285	4338	Tranter	Paul	Otley AC	M60	0:41:41	12		
286	4337	Pears	Simon	Otley AC	M50	0:41:44	44		
287	3564	Swettenham	Andrew	Otley AC	M45	0:41:47	56		
288	4347	Burn	Robert	Thirsk & Sowerby Harriers	M70	0:41:55	1		Y
289	4283	Huggins	Roy	Valley Striders AC	M60	0:42:02	13		
290	3222	Murphy	Kevin-Malachy	Harrogate Harriers & AC	M65	0:42:06	5		
291	3768	Estienne	Kyle	Tadcaster Harriers	MSEN	0:42:07	68		Y
292	3864	Baxter	Adam	Wetherby Runners AC	MSEN	0:42:09	69		
293	3807	Wigglesworth	Daniel	Vale of York Athletic Community	M40	0:42:13	30		
294	3861	Wallace	John	Valley Striders AC	M55	0:42:13	36		
295	3172	Jewitt	Fred	Chapel Allerton Runners	MSEN	0:42:14	70		
296	3610	Rickerby	Dylan	Rothwell Harriers & AC	M50	0:42:16	45		
297	3771	Mcnicholas	Vincent	Tadcaster Harriers	M60	0:42:18	14		Y
298	3898	Trapps	Steve	Wetherby Runners AC	M50	0:42:20	46		
299	3860	Walker	Richard	Valley Striders AC	M55	0:42:22	37		
300	4170	Marshall	Neville	Ackworth Road Runners	M60	0:42:24	15		
301	3551	Jeffrey	Michael	Otley AC	M70	0:42:26	2		
302	3809	Adcock	Richard	Valley Striders AC	M55	0:42:32	38		
303	3009	Balkwill	James	Abbey Runners	M55	0:42:37	39		
304	3590	Tinsley	Graham	Ripon Runners	M60	0:42:38	16		
305	3019	Greene	Paul	Abbey Runners	M65	0:42:40	6		
306	3272	Douglas	Andy	Horsforth Harriers	M50	0:42:41	47		
307	4383	Tervitt	David	Thirsk & Sowerby Harriers	M50	0:42:43	48		Y
308	4145	Bumstead	Robert	Valley Striders AC	M55	0:42:43	40		
309	3643	Page	Mick	Roundhay Runners	M70	0:42:51	3	Y	
310	3413	Follows	Jude	Kippax & District Harriers	MSEN	0:42:55	71		
311	4175	Fleet	Simon	Bradford Airedale AC	M40	0:43:04	31		
312	3963	Whitby	Mark	York Postal Harriers	M60	0:43:07	17		
313	3213	Gill	Michael	Harrogate Harriers & AC	M55	0:43:09	41		
314	3690	Read	Jamie	Saltaire Striders	MSEN	0:43:11	72		

315	3003	Armer	Carrick	Abbey Runners	M40	0:43:12	32		
316	3703	Hendy	Mark	Savvy Park Runrz	M40	0:43:14	33		Y
317	3398	Travis	Alan	Ilkley Harriers	M45	0:43:31	57		
318	4358	Miller	Alex	Thirsk & Sowerby Harriers	M40	0:43:32	34		Y
319	3758	Ramsden	Peter	St Therasas AC	M70	0:43:34	4		
320	3197	Crabtree	Paul	Dragons Running Club (Leeds)	M45	0:43:40	58		
321	4365	Sanders	Michael	Thirsk & Sowerby Harriers	M55	0:43:42	42		Y
322	4025	Askew	David	Harrogate Harriers & AC	M60	0:43:44	18		
323	3456	Clarke	Andy	Knaresborough Striders	M50	0:43:47	49		
324	3141	Wignall	Michael	Bradford Airedale AC	M40	0:43:50	35		
325	3812	Brewster	Keith	Valley Striders AC	M70	0:43:51	5		
326	3543	Brown	Simon	Otley AC	M50	0:43:52	50		
327	4051	Jepps	Simon	Hyde Park Harriers	M40	0:43:54	36		
328	3931	Estienne	Mark	York Acorn Running Club	M55	0:43:55	43		Y
329	3291	Mccleave	Martin	Horsforth Harriers	M55	0:43:56	44		
330	3187	Sellman	Richard	Chapel Allerton Runners	M45	0:43:57	59		
331	3453	Brennan	Sean	Knaresborough Striders	M55	0:43:59	45		
332	4237	Davey	James	Ackworth Road Runners	M45	0:44:01	60		
333	3159	Gibson	Paul	Chapel Allerton Runners	M65	0:44:04	7		
334	3981	Segaran	Luke	York Triathlon Club	MSEN	0:44:08	73		
335	4037	Short	Marc	Horsforth Fellandale	M45	0:44:15	61		
336	3795	Leadbeater	James	Vale of York Athletic Community	M40	0:44:37	37		
337	3801	Roberts	Mark	Vale of York Athletic Community	M45	0:44:47	62		
338	3623	Common	Paul	Roundhay Runners	M60	0:45:01	19		
339	3519	Patel	Girish	Nidd Valley Road Runners	M55	0:45:12	46		
340	4058	Tarbit	James	Hyde Park Harriers	M40	0:45:18	38		
341	3069	Whittaker	Jim	Abbey Runners	M55	0:45:22	47		
342	3154	Cuthbertson	Nic	Chapel Allerton Runners	M60	0:45:30	20		
343	4363	Pollard	Andrew	Thirsk & Sowerby Harriers	M50	0:45:34	51		Y
344	4327	Wilson	Joseph	Hyde Park Harriers	MSEN	0:45:43	74		
345	4352	Fothergill	George Duncan	Thirsk & Sowerby Harriers	M50	0:45:58	52		Y
346	3841	Mace	Andrew	Valley Striders AC	M55	0:45:59	48		
347	3312	Beswick	Alan	Hyde Park Harriers	M60	0:46:09	21		
348	4124	Turner	Jonathan	Roundhay Runners	M55	0:46:10	49		
349	3153	Crosby	Ben	Chapel Allerton Runners	M50	0:46:16	53		
350	3632	Hodge	Tony	Roundhay Runners	M50	0:46:21	54		
351	3294	Park	Keith	Horsforth Harriers	M65	0:46:25	8		
352	3656	Ball	Steven	Saltaire Striders	M45	0:46:30	63		
353	3561	Podd	Matt	Otley AC	M65	0:46:35	9		
354	4131	Winterbottom	Joshua	Saltaire Striders	MSEN	0:46:40	75		
355	4072	Walker	Adam	Kippax & District Harriers	M50	0:46:42	55		
356	3665	Griffiths	Alun	Saltaire Striders	M65	0:46:43	10		
357	3356	Longmate	Kevin	Hyde Park Harriers	M35	0:46:44	41		
358	4359	Molyneux	Peter	Thirsk & Sowerby Harriers	M55	0:46:54	50		Y
359	3728	Fletcher	Jonathan	St Therasas AC	M45	0:47:01	64		
360	3410	Durkin	Paul	Kippax & District Harriers	M60	0:47:21	22		
361	3352	Kidner	Ralph	Hyde Park Harriers	M70	0:47:22	6		
362	3862	Barnes	Jerry	Vegan Runners UK	M65	0:47:28	11		Y
363	3767	Cooke	John	Tadcaster Harriers	M65	0:47:29	12		Y
364	4335	Fielder	Justin	Nidd Valley Road Runners	M55	0:47:29	51		
365	3676	Love	Martin	Saltaire Striders	M60	0:47:59	23		
366	3042	Patchett	Ian	Abbey Runners	M60	0:47:59	24		
367	3699	Storey	Ian	Saltaire Striders	M50	0:48:02	56		

368	4207	Bowman	Geoff	Roundhay Runners	M60	0:48:09	25		
369	3380	Worfolk	Chris	Hyde Park Harriers	M35	0:48:25	42		
370	4355	Hill	Stuart	Thirsk & Sowerby Harriers	M60	0:48:34	26		Y
371	4382	Thorpe	Stuart	Rothwell Harriers & AC	M55	0:48:46	52		Y
372	4200	Roberts	Andrew	Knaresborough Striders	M60	0:48:51	27		
373	4085	Lucock	Matthew	Nidd Valley Road Runners	M35	0:49:20	43		
374	4295	Underwood	James	Hyde Park Harriers	M35	0:49:32	44		
375	3584	Purll	Andy	Ripon Runners	M50	0:49:33	57		
376	3236	Walker	Mark	Harrogate Harriers & AC	M60	0:49:42	28		
377	4164	Dempsey	Jonathan	Kippax & District Harriers	M35	0:49:55	45		
378	4381	Manning	Paul	Nidd Valley Road Runners	M55	0:49:58	53		
379	4285	Sutton	Leroy	Valley Striders AC	M65	0:50:01	13		
380	4108	Mcnamara	Dave	Rothwell Harriers & AC	M50	0:50:07	58	Y	
381	3527	Smith	Nick	Nidd Valley Road Runners	M65	0:50:26	14		
382	3011	Blinston	Peter	Abbey Runners	M55	0:50:32	54		
383	4384	Stephenson	Tim	York Triathlon Club	M60	0:50:46	29		Y
384	3871	Crosby	David	Wetherby Runners AC	M60	0:51:26	30		
385	3205	Rollett	Andrew	Dragons Running Club (Leeds)	M40	0:51:32	39		
386	3261	Prendergast	Carl	Horsforth Fellandale	M75	0:52:08	1		
387	4332	Abdalhafez	Sherif	Kirkstall Harriers	M35	0:52:13	46		
388	3763	Taylor	Sam	St Therasas AC	M40	0:52:24	40		
389	4325	Taylor	Ian	Horsforth Harriers	M55	0:52:37	55		
390	3471	Morley	Eric	Knaresborough Striders	M70	0:52:51	7		
391	3881	Hutchinson	Barry	Wetherby Runners AC	M70	0:53:07	8		
392	3016	Craddock	Charlie	Abbey Runners	M55	0:53:29	56		
393	3925	Thompson	Geoff	Wharfedale Harriers	M65	0:53:48	15		
394	3366	Pullan	Richard	Hyde Park Harriers	M65	0:54:07	16		
395	3696	Size	Andrew	Saltaire Striders	M50	0:54:36	59		
396	3702	Child	Michael	Savvy Park Runrz	M65	0:55:43	17		Y
397	3008	Badkin	Peter	Abbey Runners	M60	0:55:47	31		
398	4039	Dinsdale	Mark	Horsforth Harriers	M55	0:56:49	57		
399	3638	Moore	Colin	Roundhay Runners	M70	0:57:30	9		
400	3147	Bellbrough	Matt	Chapel Allerton Runners	M35	0:58:40	47		
401	3595	Bywater	Chris	Rothwell Harriers & AC	M70	0:58:59	10		
402	3695	Silva	Mervyn	Saltaire Striders	M70	0:59:33	11		
403	3524	Seaman	Dave	Nidd Valley Road Runners	M75	0:59:42	2		
404	3481	Waistell	Alan	Leeds & Bradford Triathlon Club	M60	1:00:11	32		Y
405	3149	Bernardo Jr	Carlos	Chapel Allerton Runners	M40	1:02:16	41		
406	3710	Best	Jamie	St Therasas AC	M45	1:02:30	65		
407	3258	Metcalfe	Daniel	Horsforth Fellandale	M45	1:02:39	66		
408	3719	Cundall	Phil	St Therasas AC	M55	1:07:19	58		
409	3245	Head	Mark	Harrogate Tri Club	M60	1:13:00	33		